

STUDY GUIDE

REHABILITATION NURSING

Organised by

Polytechnic Institute of Viseu





1. IDENTIFYING DATA.	
· Course Name.	Rehabilitation Nursing
· Coordinating University.	Polytechnic Institute of Viseu
· Partner Universities Involved.	-
· Course Field(s).	Nursing
· Related Study Programme.	Bachelor Nursing
· ISCED Code.	913
· SDG.	3, 4, 10
· Study Level.	Bachelor
· Number of ECTS credits allocated.	3
· Mode of Delivery.	Online synchronous and asynchronous classes
· Language of Instruction.	English
· Course Dates.	Semester 1/ Winter Semester: October 1st – January 16th Online synchronous classes: October 10 th , 17 th , 24 th , 31 st ; Novembre 7 th , 14 th , 21 st , 28 th ; Decembre 5 th , 12 th Final Assessment: Decembre 19 th Normal Exam: January 9 th Appeal Exam: January 16 th
· Precise Schedule of the Lectures.	Online synchronous classes (20h): on Thursdays (Time slots: 17:00-19:00 CET) Online asynchronous classes: 15h Autonomous work: 46h
· Key Words.	Rehabilitation nursing, rehabilitation nursing care, Neurosciences, Health Sciences, Biotechnology, Ergonomics, Occupational Health, Health literacy, Social Reintegration, Quality of Life, Functionality, Independence, Handicap, Caregiver, Palliative care, Ethics
· Catchy Phrase.	“Nurses save lives, Rehabilitation Nurses save the Quality of Life” Laura Solkowitz
· Prerequisites and co-requisites.	- EUNICE Student - English Level: B2
· Number of EUNICE students that can attend the Course.	18 (2 representatives of each of the 9 Universities)





Course inscription procedure(s).	Eunice Application Portal
----------------------------------	---------------------------

2. CONTACT DETAILS.

· Department.	School of Health, Nursing department
· Name of Lecturer.	Susana Marisa Loureiro Pais Batista
· E-mail.	sbatista@essv.ipv.pt
· Other Lecturers.	- Paula Cristina Dias Rocha Cavaleiro Saraiva

3. COURSE CONTENT.

The main course topics will revolve around the evolution of technical and scientific knowledge in rehabilitation nursing, the recognition of the importance of the nurse's role, the identification of inherent needs in caring for the person with neurological, cardio- respiratory, musculoskeletal and integument alterations and also of the person in palliative care and the recognition of the principles inherent to the concept, planning, execution and evaluation of rehabilitation nursing care whose action is developed in order to enhance the health project of each person.

4. LEARNING OUTCOMES.

To describe the evolution of technical and scientific knowledge in rehabilitation nursing
 To recognize the importance of rehabilitation nursing in the context of person, family, and community
 To identify needs in the field of rehabilitation nursing
 To recognize the principles inherent in the design, planning, implementation, and evaluation of rehabilitation nursing care
 To recognize the importance of scientific research in decision-making in rehabilitation nursing.

5. OBJECTIVES.

The main objective of the course is to recognize the importance of rehabilitation nursing in the context of person, family and community, as well as identify needs in rehabilitation nursing, describe the evolution of technical and scientific knowledge in rehabilitation nursing, and also recognize the principles inherent in the nursing process by the design, planning, implementation and evaluation of rehabilitation nursing care, and the importance of scientific research in decision-making in rehabilitation nursing.



6. COURSE ORGANISATION.

UNITS

1.	Rehabilitation Nursing in a Global Health Care Context Conceptual Bases of Rehabilitation Nursing Importance and implications of rehabilitation nursing in a person, family, and community context
2.	Rehabilitation Nursing Interventions in the Healthcare Team Functional evaluation of the person while performing autonomous functions Levels of actuation of rehabilitation nursing in the prevention of illness, disability, and inability
3.	Rehabilitation Nursing in Caring for the Person with Cardio-Respiratory alterations
4.	Rehabilitation Nursing in Caring for the Person with Neurological alterations
5.	Rehabilitation Nursing in Caring for the Person with Musculoskeletal and Tegumentary alterations
6.	Rehabilitation Nursing in Caring for the Person in Palliative Care and End of Life care
7.	Evidence-Based Rehabilitation Nursing: A Challenge, an Opportunity
8.	Ethical Considerations in Rehabilitation Nursing

LEARNING RESOURCES AND TOOLS.

The professor will provide the ppt of the synchronous lectures, articles and supporting documents.

PLANNED LEARNING ACTIVITIES AND TEACHING METHODS.

Lectures, short weekly e-activities, personal research

7. ASSESSMENT METHODS, CRITERIA AND PERIOD.

This course will be assessed continuously, through weekly e-activities (60%) and a final assessment that includes an individual or group assignment (40%).

OBSERVATIONS.

8. BIBLIOGRAPHY AND TEACHING MATERIALS.

Batista, S. et al. (2021) Suffering-associated factors in chronic disease in hospitalised patients in Portugal. *Enfermería Clínica* vol. 31, no 3, pp. 135-147
<http://dx.doi.org/10.1016/j.enfcli.2020.12.043>





Larsen, P. (2021) Advancing the care of persons with chronic illness and disability. *Rehabilitation Nursing* 48(3): p 75-76. | DOI: 10.1097/RNJ.0000000000000415

Martins, R., Carvalho, N., Batista, S., & Dinis, A. (2022). Falls in Elderly: Study of the Prevalence and Associated Factors. *European Journal of Development Studies*, 2(3), 12–17.

<https://doi.org/10.24018/ejdevelop.2022.2.3.92>

Martins, R. L., Carvalho, N., Albuquerque, C., Andrade, A., Martins, C., Campos, S., Batista, S., & Dinis, A. I. (2020). Musculoskeletal disorders in adolescents: a study on prevalence and determining factors. *Acta Paul Enferm*, 33, e-APE20190173. <https://doi.org/10.37689/acta-ape/2020A00173>

Rae-Grant, A. D., Fox, R. J., & Bethoux, F. (2013). Multiple sclerosis and related disorders: Diagnosis, medical management, and rehabilitation. *Demos Health*.

<https://web.s.ebscohost.com/ehost/detail/detail?vid=7&sid=7fe4669c-ac4f-4083-9a24-a81d2504fce7%40redis&bdata=Jmxhbm9cHQtcHQmc2l0ZT1laG9zdC1saXZlJnNjb3BIPXNpdGU%3d#AN=600614&db=e680sww>

Rocha P, Baixinho CL, Marques A, Henriques A. Safety-Promoting Interventions for the Older Person with Hip Fracture on Returning Home: A Protocol for a Systematic Review. *J Pers Med*. 2022 Apr 19;12(5):654. doi: 10.3390/jpm12050654. PMID: 35629077; PMCID: PMC9142881

Smeltzer, S. C. (2021). Delivering quality healthcare for people with disability. *Sigma*.

<https://web.s.ebscohost.com/ehost/detail/detail?vid=5&sid=7fe4669c-ac4f-4083-9a24-a81d2504fce7%40redis&bdata=Jmxhbm9cHQtcHQmc2l0ZT1laG9zdC1saXZlJnNjb3BIPXNpdGU%3d#AN=2925154&db=e680sww>

