

# STUDY GUIDE

## ***Portuguese for Beginners*** ***A.1.2***

**Organised by**  
**Polytechnic University of Viseu**

1. IDENTIFYING DATA.		
• Course Name.	Portuguese for beginners A.1.2	
• Coordinating University.	Polytechnic University of Viseu	
• Partner Universities Involved.	N/A	
• Course Field(s).	Modern Languages	
• Related Study Programme.	N/A	
• ISCED Code.	0231	
• SDG.	<a href="https://sdgs.un.org/goals">https://sdgs.un.org/goals</a> : 4, 17	
• Study Level.	B; M; PhD; staff	
• EUNICE Key Competencies	<ul style="list-style-type: none"> <li>• Green – strongly</li> <li>• Orange- moderately</li> <li>• Red – partially</li> <li>• Blank cell - not at all</li> </ul>	
	Problem solving	Strongly
	Teamworking	Strongly
	Communication	Strongly
	Self-management	Moderately
	Cognitive flexibility	Strongly
	Digital competence	Moderately
	Technical competence	Partially
	Global intercultural competence	Strongly

• Number of ECTS credits allocated.	2 ECTS
• Mode of Delivery.	Online – Synchronous / Asynchronous
• Language of Instruction.	English
• Course Dates.	March 9, 2026 – May 18, 2026
• Precise Schedule of the Lectures.	<p>Synchronous (14 hours) / Asynchronous (14 hours)</p> <p><b>Mandatory synchronous sessions:</b></p> <ul style="list-style-type: none"> <li>• <b>Week 1 – March 9-13 (1 hour):</b> Course introduction &amp; basic revision of A.1.1 structures (greetings, personal info)</li> <li>• <b>Week 2 – March 16-20 (1.5 hours):</b> Talking about meals and food preferences; introduction to restaurant language and cultural elements</li> <li>• <b>Week 3 – March 23-27 (1.5 hours):</b> Role-plays in cafés and restaurants; likes and dislikes; basic dialogues with waiters</li> <li>• <b>Week 4 – April 6-10 (1.5 hours):</b> Types of transport, timetables, asking for information; basic structures for buying tickets and reservations</li> <li>• <b>Week 5 – April 13-17 (1.5 hours):</b> Giving and asking for directions; vocabulary for places in town and map activities</li> <li>• <b>Week 6 – April 20-24 (1.5 hours):</b> Describing studies and professional backgrounds; job types, educational systems, and aspirations</li> <li>• <b>Week 7 – April 27 – May 1 (1.5 hours):</b> Reading and discussing simple job ads; basic vocabulary for interviews and CVs</li> <li>• <b>Week 8 – May 4-8 (1.5 hours):</b> Vocabulary and structures for talking about festivals; comparing traditions from different countries</li> <li>• <b>Week 9 – May 11-15 (1.5 hours):</b> Guided speaking tasks combining food, travel, work, and culture; feedback and reflection</li> </ul> <p>Specific days and times are decided later on according to the academic calendar.</p>
• Key Words.	Basic Portuguese, basics, culture
• Catchy Phrase.	Portu-Grow! Take your Portuguese skills to the next level!

· Prerequisites and co-requisites.	Basic knowledge of English and Portuguese Course A.1.1
· Number of EUNICE students that can attend the Course.	50
· Course inscription procedure(s).	standard EUNICE procedure

## 2. CONTACT DETAILS.

· Department.	Management Department, Polytechnic University of Viseu
· Name of Lecturer.	Lurdes Martins
· E-mail.	<a href="mailto:lurdesmartins@estgv.ipv.pt">lurdesmartins@estgv.ipv.pt</a>
· Other Lecturers.	Susana Relvas ( <a href="mailto:srelvas@estgv.ipv.pt">srelvas@estgv.ipv.pt</a> Polytechnic University of Viseu)

## 3. COURSE CONTENT.

The Portuguese for beginners A.1.2 course builds on the foundational skills acquired in the A.1.1 course, advancing students' ability to communicate effectively in everyday situations. Students Will develop a deeper understanding of Portuguese grammar and vocabulary, enabling them to engage in conversations, understand simple texts, and express themselves more confidently in written form. Emphasis Will be placed on enhancing cultural awareness, with focus on exploring the diverse cultures of Portuguese-speaking countries.

## 4. LEARNING OUTCOMES.

By the end of the course, students will be able to:

- Engage in short conversations about food, travel, studies, work and cultural topics;
- Ask and answer questions related to everyday situations and personal interests;
- Improve pronunciation and use basic intonation patterns in spoken Portuguese;
- Understand simple spoken Portuguese in common contexts such as restaurants, transport, and social settings;
- Read and understand short texts such as menus, signs, schedules, job ads, and invitations;
- Write brief messages, notes, and simple texts related to daily situations and personal experiences;
- Expand vocabulary related to food, transport, education, work, and celebrations;
- Recognize and reflect on cultural practices and celebrations in Portuguese-speaking countries.

## 5. OBJECTIVES.

- Develop oral communication skills to talk about food, order in cafés or restaurants, and express personal preferences;
- Understand and use basic vocabulary and expressions related to travel, transportation, and giving directions;
- Communicate about one's studies, professional experiences, and career aspirations using simple structures;
- Read and understand short, familiar texts such as menus, travel information, job ads and invitations;

Write simple sentences and short messages related to everyday topics like food, travel and work.

Gain awareness of Portuguese-speaking cultures through topics such as celebrations, holidays, and cultural practices.

Build confidence in participating in short conversations and performing everyday tasks in Portuguese.

## 6. COURSE ORGANISATION.

### UNITS

1.	Food and daily life: <ul style="list-style-type: none"> <li>• Vocabulary for meals, ingredients, and typical Portuguese dishes</li> <li>• Ordering food and drinks in restaurants or cafés</li> <li>• Talking about eating habits and preferences</li> <li>• Expressing likes/dislikes related to food</li> </ul>
2.	Traveling: <ul style="list-style-type: none"> <li>• Vocabulary related to travel, transportation, and navigation</li> <li>• Purchasing tickets and making reservations</li> <li>• Giving and asking for directions</li> </ul>
3.	Education and work: <ul style="list-style-type: none"> <li>• Discussing education and professional experiences</li> <li>• Talking about current studies and career aspirations</li> <li>• Understanding job advertisements and interviews</li> <li>• Vocabulary related to education, professions and workplaces</li> </ul>
4.	Culture and celebrations: <ul style="list-style-type: none"> <li>• Talking about holidays, festivals, and local traditions</li> <li>• Describing celebrations in your country and in Portugal</li> <li>• Comparing cultural practices</li> <li>• Vocabulary related to parties, traditions and events</li> </ul>

### LEARNING RESOURCES AND TOOLS.

In the Portuguese for beginners A.1.2 course, tailored resources and tools are provided to support students' language learning journey. Listening and reading materials are carefully selected to match

the students' proficiency level, ensuring comprehension and engagement. Worksheets reinforce language skills with content related to everyday scenarios, encouraging autonomous practice. This supportive environment enables students to engage with instructors and peers, enhancing their learning experience and confidence in Portuguese.

#### PLANNED LEARNING ACTIVITIES AND TEACHING METHODS.

- Role-plays and Presentations: Engage students in interactive role-plays and presentations for contextual language practice.
- Listening Comprehension: Include exercises with audio clips or podcasts for understanding spoken Portuguese.
- Reading Comprehension: Provide texts for comprehension practice and discussion.
- Self-Reflection Quizzes: Offer quizzes to assess understanding and track progress.
- Group Work: Facilitate collaborative activities for communication and problem-solving.

#### 7. ASSESSMENT METHODS, CRITERIA AND PERIOD.

In the Portuguese for beginners A1.2 course, students will undergo assessment through a range of synchronous and asynchronous tasks spanning four units. Assessment techniques will comprise quizzes, participation in discussion forums, and creation of multimedia presentations. Evaluation criteria will focus on students' grasp and usage of basic Portuguese vocabulary, comprehension of fundamental concepts related to daily life and social interactions, and their ability to apply language skills in practical contexts. The assessment schedule will be distributed throughout the course, ensuring continuous monitoring of student progress and providing timely feedback.

#### OBSERVATIONS.

#### 8. BIBLIOGRAPHY AND TEACHING MATERIALS.

*All material needed will be accessible on Moodle.*