STUDY GUIDE

Step Into Portuguese

Organised by

Polytechnic University of Viseu

1. IDENTIFYING DATA.

· **Course Name.**	Step Into Portuguese
· **Coordinating University.**	Polytechnic University of Viseu
· **Partner Universities Involved.**	N/A
· **Course Field(s).**	Languages and Cultures
· **Related Study Programme.**	N/A
· **ISCED Code.**	01 - Education 02 - Art and Humanities
· **SDG.**	4,17
· **Study Level.**	Bachelor (B)

· **EUNICE Key Competencies**	Problem solving	Strongly
	Teamworking	Partially
	Communication	Strongly
	Self-management	Strongly
	Cognitive flexibility	Moderately
	Digital competence	Moderately
	Technical competence	Not at all
	Global intercultural competence	Partially

· **Number of ECTS credits allocated.**	3 ECTS
· **Mode of Delivery.**	Online – Synchronous / Asychronous
· **Language of Instruction.**	Portuguese and English
· **Course Dates.**	March 1 – May 19, 2026

· Schedule of the course.	Synchronous (16h) / Asynchronous (26h) Tuedays - 15h (CET time) 3/03/2026 - 1h30 10/03/2026 - 1h30 17/03/2026 - 1h30 24/03/2026 - 1h30 31/03/2026 - 1h30 14/04/2026 - 2h 21/04/2026 - 1h30 28/04/2026 - 1h30 05/05/2026 - 1h30 12/06/2026 - 2h
· Key Words.	Portuguese language
· Catchy Phrase.	Ready, steady, learn portuguese!

· Prerequisites and co-requisites.	EUNICE student in one of the universities of EUNICE European University alliance.
· Number of EUNICE students that can attend the Course.	20
· Course inscription procedure(s).	EUNICE Application Portal

2. CONTACT DETAILS.	
· Department.	Department of Language Science (School of Education, Polytechnic University of Viseu)
· Name of Lecturer.	Ana Isabel Silva
· E-mail.	aisilva@esev.ipv.pt
· Other Lecturers.	Maria João Macário (mmacario@esev.ipv.pt) Dulce Melão (dulcemelao@esev.ipv.pt)

3. COURSE CONTENT.
It aims to provide a response to foreign citizens living, studying, or working who wish to develop their language skills in Portuguese. This course certifies level A1, according to the Common European Framework of Reference for Languages (CEFR). During this course the student will learn the very basic words and phrases of Portuguese in different everyday situations:

- Greetings
- Numbers – telling the time, prices
- Daily routine
- Calendar: days of the week, months, seasons of the year
- Forms of formal and informal address.
- Most common phrases connected to studying: library, lectures, exercises, seminars, socializing, life on campus
- Everyday practical situations: shopping, food, going to a café/restaurant/bar, buying a train ticket, concert ticket, movie ticket online; Spatial orientation
- National idiosyncrasies: Holidays

4. LEARNING OUTCOMES.

By the end of the module, the student will be able to:

Understand and use familiar, everyday expressions as well as very simple statements aimed at satisfying concrete needs.

Introduce themselves and others and can ask and answer questions about personal details such as where they live, people they know, and things they have.

Communicate in simple terms if the speaker speaks slowly and clearly and is cooperative (CEFR, 2001, p. 49).

Learn how to understand simple texts in Portuguese and find information in them.

Practice in listening comprehension and learn how to correctly pronounce Portuguese.

Understanding the main points of many radio and television when the speech rate is relatively slow and clear.

Moreover, they will learn about the very basics about Portuguese society and culture.

5. OBJECTIVES.

Practice of receptive skills and strategies needed to manage everyday situations in Portuguese and motivation of students to deepen their skills. To convey an understanding of culturally significant factors, products and stereotypes.

6. COURSE ORGANISATION.

UNITS

1.	*Olá! Como estás? (Hello! How are you?)*
2.	*Este sou eu, quem és tu? (This is me! Who are you?)*
3.	*Primeiros passos em português! (Baby steps in Portuguese!)*

4.	*Era uma vez… (Once upon a time…)*
5.	*Preparado para falar? (Ready, steady to talk?)*
6.	*Uma bica e um pastel de nata, por favor! (A coffee and a custard tart, please!)*
7.	*Aprendemos Português na Eunice (Learning Portuguese at EUNICE)*
8.	*Portugal visto de cima! (Portugal from above!)*

LEARNING RESOURCES AND TOOLS.

Moodle, Zoom, Miro, Padlet, videoant…

PLANNED LEARNING ACTIVITIES AND TEACHING METHODS.

- **Self-study**: Reading and listening to materials relating to the course modules; doing tasks and a variety of exercises, including grammar;
- **Syncronous sessions**: 30-60 minutes (every week) (zoom) of oral interaction through the website forum to solve any doubts, problems and any other issues students might have.

7. ASSESSMENT METHODS, CRITERIA AND PERIOD.

Assessment is continuous and based on the following criteria:

Regular access to the website/course segments;
Queries submitted via the forum or by using the comments function;
Completing the online exercises of the course;
Taking part in reading, speaking and grammar-based activities;
Writing simple texts on specific subjects (written exercises will be assessed by the course tutor);
Interaction on Zoom, with question and answer sessions based on certain subjects (oral assessments are immediately carried out by course tutors).

Completion of the course depends on the student's participation in at least two thirds of the oral sessions and two thirds of the written exercises.

OBSERVATIONS.

8. BIBLIOGRAPHY AND TEACHING MATERIALS.

All material needed will be on Moodle.

https://ciberduvidas.iscte-iul.pt/

https://dicionario.priberam.org/
https://eurocomdidact.eu/?page_id=1816&lang=fr
https://www.instituto-camoes.pt/activity/centro-virtual/exposicoes-virtuais
https://ensina.rtp.pt/artigo/recursos-de-portugues/