

# STUDY GUIDE

*STRENGTHENING RESILIENCE  
IN THE TIMES OF POLYCRISES*

organized by the  
University of Vaasa

1. IDENTIFYING DATA.	
· Course Name.	Strengthening resilience in the times of polycrises
· Coordinating University.	University of Vaasa
· Partner Universities Involved.	Karlstad University Brandenburg University of Technology
· Course Field(s).	Resilience Studies
· ISCED Code.	0388 – Social sciences, journalism and information, inter-disciplinary
· Study Level.	B, M, D

· Number of ECTS credits allocated.	3
· Mode of Delivery.	Online live, Online self-study and on campus
· Language of Instruction.	English
· Course Dates.	Online class: From early May to early June 2026, before the on-campus classes. Exact dates will be announced to the selected students Onsite class: 25 May-29 May 2026
· Precise Schedule of the Lectures.	To be announced later to the selected students
· Key Words.	Resilience, Security, Preparedness, Crises Management, Intelligence

· Prerequisites and co-requisites.	EUNICE student English B2 level
· Number of EUNICE students that can attend the Course.	30
· Course inscription procedure(s).	Following the internal process for Blended Intensive Programmes of each EUNICE institution, please contact your local EUNICE office for more information

2. CONTACT DETAILS.	
· Department.	EUNICE Office

· E-mail.

eunice@uwasa.fi

### 3. COURSE CONTENT.

Participants in this course will explore different dimensions of resilience through both theory and field-based learning. Beginning in Helsinki, they will be introduced to Finland's model of comprehensive security, including visits to the Finnish Parliament, Ministries / Government agencies and NGOs. The group will then travel to Vaasa to examine community resilience in close cooperation with the City of Vaasa and the Ostrobothnia region and a keynote lecture by Prof. Jan Goldman. Throughout the course, discussions on situational awareness, disaster risk and the ethics of intelligence will further deepen students' understanding of how societies prepare for and respond to complex challenges.

### 4. LEARNING OUTCOMES.

Students can

- explain core concepts of resilience, transformation, polycrises, intelligence ethics, and Finland's comprehensive security approach.
- apply systems thinking to complex risks, and evaluate community-level resilience, transformation and crisis responses.
- collaborate in multidisciplinary teams and communicate resilience and security issues to diverse audiences.
- reflect critically on the course topics.
- operate in international, multi-sectoral contexts and recognise their role within broader societal resilience.

### 5. OBJECTIVES.

- Introduce students to multidisciplinary resilience and polycrisis topics through systems thinking, comprehensive security studies, and societal transformation approaches.
- Provide hands-on understanding of the topic via Finland's Comprehensive Security Model by field visits to national, regional, and community-level actors.
- Develop students' analytical capabilities in situational awareness and crisis sensemaking across sectors.
- Strengthen ethical, collaborative, and other competencies essential for crisis management, intelligence ethics, and democratic preparedness in the transforming societies.

### 6. COURSE ORGANISATION.

UNITS	
1.	Transformational societal capabilities in regions undergoing structural change
2.	Reframing the language: From Sustainability to Climate Resilience
3.	The Finnish Comprehensive Security Model
4.	City - University Collaboration Supporting Resilience
5.	Systems Knowledge & Transformation Literacy: A whole system approach to community resilience
6.	Climate- Heritage Nexus: Heritage as a resource for climate and community resilience
7.	Social vulnerability and community resilience – a Nordic perspective
8.	Intelligence Analytics and Ethics
9.	Securing our Future: An Overview of Climate Change Mitigation and Adaptation
10.	Risk complexity and the need for integration in risk management – examples from the disaster risk field
LEARNING RESOURCES AND TOOLS.	
EUNICE Moodle	
PLANNED LEARNING ACTIVITIES AND TEACHING METHODS.	
Lectures, workshops, visits	

### 7. ASSESSMENT METHODS, CRITERIA AND PERIOD.

Active participation and attendance during the full programme. Short summaries after each day. Short assignments (e.g. quizzes) in connection with the online part.

### 8. BIBLIOGRAPHY AND TEACHING MATERIALS.

Lecturers may upload readings, videos or other teaching materials on the Moodle platform.