

# STUDY GUIDE

## ***National Languages Portuguese for Beginners 26-27 S1***

**Organised by**  
**Polytechnic Institute of Viseu**

1. IDENTIFYING DATA.		
· Course Name.	Portuguese A1.1 26-27 S1	
· Coordinating University.	Polytechnic Institute of Viseu	
· Partner Universities Involved.	N/A	
· Course Field(s).	Modern Language	
· Related Study Programme.	N/A	
· ISCED Code.	0231	
· SDG.	<a href="https://sdgs.un.org/goals">https://sdgs.un.org/goals</a> : 4, 17	
· Study Level.	Bachelor, Masters, PhD, staff	
· EUNICE Key Competencies	<ul style="list-style-type: none"> <li>• Green – strongly</li> <li>• Orange - moderately</li> <li>• Red – partially</li> <li>• Blank cell - not at all</li> </ul>	
	Problem solving	strongly
	Teamworking	strongly
	Communication	strongly
	Self-management	moderately
	Cognitive flexibility	strongly
	Digital competence	moderately
	Technical competence	partially
	Global intercultural competence	strongly

· Number of ECTS credits allocated.	2 ECTS
· Mode of Delivery.	Online live and Online self-study
· Language of Instruction.	English and Portuguese
· Course Dates.	October 12, 2026 – December 11, 2026
· Precise Schedule of the Lectures.	Online live (14 hours) / Online self-study Mandatory online live sessions:

	<p>Week 1 – October 12 – 16 (1 hour / online live): module introduction: get to know you</p> <p>Week 2 – October 19 – 23 (1.5 hours / online live): Greetings, farewells, and introducing yourself.</p> <p>Week 3 – October 26 – October 30 (1.5 hours / s online live): Talking about jobs and personal info.</p> <p>Week 4 – November 2 – November 6 (1.5 hours / online live): Verbs in daily life, time expressions, and talking about a typical day.</p> <p>Week 5 – November 09 – November 13 (1.5 hours / s online live): Expressing days of the week, months, and scheduling activities.</p> <p>Week 6 – November 16– November 20 (1.5 hours / online live): Family and describing people</p> <p>Week 7 – November 23 – November 28 (1.5 hours / online live): Personality and relationships</p> <p>Week 8 – November 30 – December 04 (1.5 hours / online live): Vocabulary for hobbies, likes/dislikes, and sharing preferences.</p> <p>Week 9 – December 7 – December 11 (1.5 hours / online live): Assessment / Wrap up</p> <p>Each week, students can expect a balanced blend of online live and Online self-study learning modalities. During the 1.5-hour online live sessions, participants will engage in live discussions and activities facilitated by the instructor. Following this, students will dedicate an additional time to self-directed study, allowing for independent exploration of course materials and reinforcement of concepts.</p>
· Key Words.	Basic Portuguese, basics, culture
· Catchy Phrase.	Portu-Guess What? Learning Portuguese just got a whole lot easier!

· Prerequisites and co-requisites.	Basic knowledge of English
· Number of EUNICE students that can attend the Course.	50
Number of EUNICE students that can attend the course per institution	N/A
· Course inscription procedure(s).	Standard EUNICE procedure

## 2. CONTACT DETAILS.

· Department.	Management Department, Polytechnic University of Viseu
· Name of Lecturer.	Lurdes Martins
· E-mail.	<a href="mailto:lurdesmartins@estgv.ipv.pt">lurdesmartins@estgv.ipv.pt</a>

· Other Lecturers.	Susana Relvas ( <a href="mailto:srelvas@estgv.ipv.pt">srelvas@estgv.ipv.pt</a> Polytechnic University of Viseu)
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### 3. COURSE CONTENT.

The beginner Portuguese course covers essential language skills for everyday communication. Students will learn to confidently introduce themselves, engage in basic conversations, and understand simple texts and instructions. Through units focused on social interaction, daily life, family dynamics, and shopping, students will acquire vocabulary and grammar structures necessary for effective communication. Cultural awareness elements are integrated throughout, providing insight into Portuguese-speaking countries' customs and traditions. By the end of the course, students will have developed functional language skills and a basic understanding of Portuguese culture, motivating them to continue their language learning journey.

### 4. LEARNING OUTCOMES.

#### Speaking Skills:

- Introducing oneself;
- Basic conversations;
- Pronunciation: work on correct pronunciation and intonation.

#### Listening Skills:

- Understanding simple conversations;
- Following simple instructions.

#### Reading Skills:

- Understanding simple texts;
- Recognizing basic vocabulary.

#### Writing Skills:

- Writing simple messages;
- Basic sentence structure.

#### Cultural Awareness:

- Knowledge of Cultures: gain knowledge of cultures, customs, and traditions of Portuguese-speaking countries.

### 5. OBJECTIVES.

#### Communication Skills:

- Develop basic conversational skills to introduce oneself, greet others, and engage in simple interactions.

#### Listening Comprehension:

- Understand simple, everyday expressions and basic phrases related to personal information, daily routine, shopping, and immediate surroundings.

Reading Comprehension:

- Recognize and understand familiar words and basic phrases in simple texts, signs, and notices.

Writing Skills:

- Write short, simple messages and personal notes using basic vocabulary and common expressions.

Cultural Awareness:

- Gain basic knowledge of Portuguese-speaking countries' cultures, customs, and traditions.

## 6. COURSE ORGANISATION.

### UNITS

1.	<p>Unit: Social Interaction</p> <p>Topics:</p> <ul style="list-style-type: none"> <li>• Formal and informal social formulas</li> <li>• Greetings and farewells</li> <li>• Personal pronouns and definite articles</li> <li>• Personal identification</li> <li>• Nationality</li> </ul> <p>Jobs</p>
2.	<p>Unit: Daily Life</p> <p>Topics:</p> <ul style="list-style-type: none"> <li>• Daily routine</li> <li>• Time</li> <li>• Parts of the day and days of the week</li> </ul> <p>Months</p>
3.	<p>Unit: Family and personal description</p> <p>Topics:</p> <ul style="list-style-type: none"> <li>• Introduction to family members</li> <li>• Expressing relationships within the family</li> <li>• Talking about family dynamics and activities</li> <li>• Describing oneself and others physically</li> <li>• Expressing personality traits</li> </ul>
4.	<p>Unit: Free Time and Personal Interests</p> <p>Topics:</p> <ul style="list-style-type: none"> <li>• Talking about hobbies and leisure activities</li> <li>• Expressing likes and dislikes</li> <li>• Asking and answering questions about interests</li> <li>• Talking about preferences in simple conversations</li> </ul>

<b>LEARNING RESOURCES AND TOOLS.</b>	
<p>In the A1.1 Portuguese course, tailored resources and tools are provided to support students' language learning journey. Listening and reading materials are carefully selected to match the students' proficiency level, ensuring comprehension and engagement. While podcasts offer opportunities to listen to Portuguese discussions and interviews about various topics, video clips provide visual aids for learning. Worksheets reinforce language skills with content related to everyday scenarios, encouraging autonomous practice. An online forum fosters student interaction, allowing them to ask questions, share experiences, and collaborate on group projects or language challenges. This supportive environment enables students to engage with instructors and peers, enhancing their learning experience and confidence in Portuguese.</p>	
<b>PLANNED LEARNING ACTIVITIES AND TEACHING METHODS.</b>	
<ul style="list-style-type: none"> <li>• Role-plays and Presentations: Engage students in interactive role-plays and presentations for contextual language practice.</li> <li>• Listening Comprehension: Include exercises with audio clips or podcasts for understanding spoken Portuguese.</li> <li>• Reading Comprehension: Provide texts for comprehension practice and discussion.</li> <li>• Self-Reflection Quizzes: Offer quizzes to assess understanding and track progress.</li> <li>• Group Work: Facilitate collaborative activities for communication and problem-solving.</li> </ul> <p>By incorporating these planned learning activities and teaching methods, the A1.1 Portuguese course can effectively engage students and facilitate their language acquisition in a supportive and dynamic learning environment.</p>	

<b>7. ASSESSMENT METHODS, CRITERIA AND PERIOD.</b>	
<p>This is a graded course.</p> <p>In the Portuguese A1.1 course, students will undergo assessment through a range of synchronous and asynchronous tasks spanning four units. Assessment techniques will comprise quizzes, participation in discussion forums, and creation of multimedia presentations. Evaluation criteria will focus on students' grasp and usage of basic Portuguese vocabulary, comprehension of fundamental concepts related to daily life and social interactions, and their ability to apply language skills in practical contexts. The assessment schedule will be distributed throughout the course, ensuring continuous monitoring of student progress and providing timely feedback.</p>	
<b>OBSERVATIONS.</b>	

<b>8. BIBLIOGRAPHY AND TEACHING MATERIALS.</b>	
<p><i>All material needed will be accessible on Moodle.</i></p>	